

# Elegant Eyebrows

## **After-Care and Further Information**

### **Contents**

*Page 2*

**Benefits of Threading**

*Page 3*

**Why Threading is  
Better than Waxing**

*Page 4*

**The "Oh No-No's" of  
Eyelash Extensions**

*Page 5*

**Who should NOT wear  
Eyelash Extensions?**

*Page 6*

**Eyelash Perm After-Care**

*Page 7*

**The Benefits of an  
Indian Head Massage**



## **Benefits of Threading**



- Threading doesn't scar or pinch the skin.
- Threading can be done on all parts of the face.
- Threading is very hygienic, as a new hygienic thread is used every time.
- Threading is a chemical free practice.
- No hair is too thin or too thick for threading.
- Threading pulls individual hairs from its roots.
- Threading gives clean lines and good shape to the eyebrows.
- Threading is beneficial to people with sensitive skin, people with acne medication, diabetes, cancer patients, people who are allergic to waxing and those who want to eliminate wax burns.
- With regular Threading, the hair follicle will weaken and become less dense, so eventually there is less or no hair growth.
- Both men and women can use the technique.



## Why Threading is Better than Waxing



- **Less contact with the skin** - Threading has little to no contact with the skin. Waxing, however tugs at the skin when the hair is removed, and can really irritate sensitive skin making it turn pink to extremely red.
- **Stop seeing red** - The skin mostly gets red because of the wax tugging at the skin, not the actual removal of the hair. If you do get pink skin from threading, it usually goes away within the hour.
- **Delicate skin** - The skin around the eyes is thin, and can get easily get irritated from waxing even if it doesn't bother other body zones. Threading eyebrows is a true life saver for hair removal in the eye area.
- **No contradictions** - Threading eyebrows doesn't remove the top layer of skin like waxing. So even people that use Retin-A or take other medications that conflict with waxing, can still get threading done.
- **Burn-free method** - Most waxes are used warm, but can be heated up too much and burn the skin resulting in extreme pain and scabby skin. There's no chance of getting scorched with threading.
- **No Chemicals** - Threading solely uses a hygienic string to remove the hair, unlike waxing that contains resins and preservatives.
- **No allergic Reactions** - Sometimes having an allergic reaction is mistaken as sensitivity. Waxes are often based on a certain ingredient like: lavender, tea tree, chocolate, acai berry and the list goes on and on. With threading eyebrows there's no need to worry of any allergic reactions.



## **The "Oh No-No's" of Eyelash Extensions**



- No curling your lashes or applying mascara. You won't need to anyway! We do carry mascara made especially for eyelash extensions though. Please ask your technician for details if interested.
- Try not to excessively rub your eyes; it will weaken the bonding agent which bonds the lashes.
- Try not to sleep with your face down into the pillow; it will affect the staying power of your lashes.
- When showering face away from the shower head, the lashes are waterproof but not shower head pressure proof!
- Try not to roughly rub your eyes when removing makeup. Use an oil free makeup remover along with a cotton swab to gently work around the eyes to remove stubborn eye makeup. It's imperative to remove all eye make up at the end of the night to avoid any eye irritations.



## **Who should NOT wear Eyelash Extensions?**



### ***Eyelash Extensions may not be suitable for people who:***

- Have pre-existing eyelid or eye conditions such as Blepharitis and Ocular Rosacea.
- Have a condition called Trichotillomania, which is hair loss resulting from compulsive pulling or twisting of the hair, brows or in this case, eyelashes.
- Are in chlorinated water many times a week.
- Cannot control rubbing their eyes



## **Eyelash Perm After-Care**



***An eyelash perm can last up to six weeks if you care for your lashes properly. You are advised to follow the following eyelash perm after-care tips:***

- Refrain from getting your eyelashes wet for at least 24 hours after the treatment.
- Avoid rubbing or touching the eye area as you could irritate the eyes.
- Keep your Eyelashes away from direct sunlight straight after your treatment, as this could weaken the perm lotion.



## **The Benefits of an Indian Head Massage**



- Relief from pain and stiffness in the muscles of the face, neck, upper back and shoulders leading to better mobility of the neck joints.
- Relief from tension and hangover headaches, eye strain, TMJ, and nasal congestion.
- Renewed energy with higher levels of creativity, clarity, concentration and better memory.
- Reduction of depression, anxiety and other stress-related issues.
- A sense of tranquillity, calmness, and positive well-being resulting in sound, restful sleep that leaves you feeling refreshed.
- Deeper, calmer respiratory system and a stronger immune system.
- Balanced Chakras.